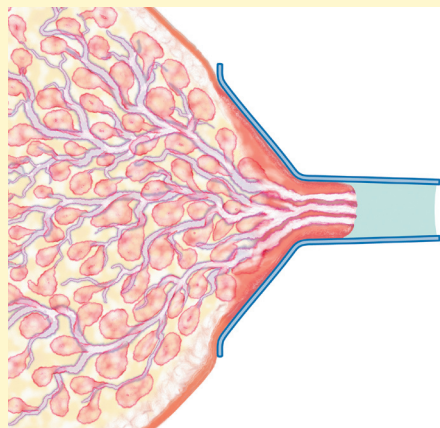


Breastshield(s): Are you using the right size?

A correctly fitted breastshield avoids compression of any milk ducts during pumping to ensure optimal breast emptying and maximum milk output.



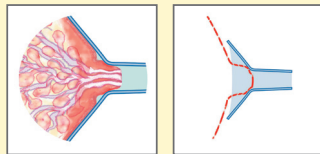
1. Center the nipple in the breastshield tunnel.
2. Turn on the pump and check the following points:

- Is your nipple moving freely in the tunnel?
- Is minimal or no areolar tissue being pulled into the tunnel of the breastshield?
- Do you see a gentle, rhythmical motion in the breast with each cycle of the pump?
- Do you feel the breast emptying all over?
- Is your nipple pain-free?

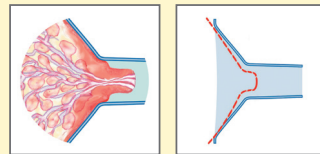
If your answer to any of the above questions is "No", try a larger (or smaller) breastshield.

You need a different size if:

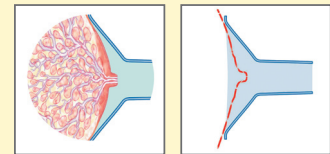
the shield is too small



the shield is too large



the shield is too large



PersonalFit™ Breastshield

Medela's range of PersonalFit Breastshields allows mothers to choose the breastshield that is the right size for them, to ensure maximum comfort and efficiency while pumping.

- For larger or smaller than average nipples – because one size does not fit all
- Convenient for travelling or to have extras on hand for less cleaning
- Available in:

| | |
|---------|------------------------------------|
| S/21 mm | M/24 mm, provided with breastpumps |
| L/27 mm | XL/30 mm XXL/36 mm |



NO.1 CHOICE OF HOSPITALS AND MOTHERS

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